

## About Helena and Emma

**Helena Attlee's** most recent book, *The Land Where Lemons Grow, The Story of Italy and its Citrus Fruit* featured as 'Book of the Week' on BBC Radio 4. It was a Sunday Times Bestseller and winner of the Guild of Food Writers' Book of the Year 2015. Publication of her new book, *Lev's Violin, An Italian Adventure*, has been delayed by the pandemic, and will now be published by Penguin in Spring 2021.

<https://www.helena-attlee.com>

As a Consultant Fellow of the Royal Literary Fund, Helena leads writing retreats, immersive training and workshops for PhD students and early career academics. She also works with businesses and charities to communicate the true stories of their work, and runs workshops for artists, often focussing on writing their statements.

<https://rflconsultants.com/consultants/helena-attlee/>

Whether working with students at a university, or creative writers in a field, she incorporates experience-led activities into her teaching. The ideas for these activities have grown out of her own practice, often on the move, often abroad, and always wrestling with new techniques for bringing the reality of experience to the page.

**Emma Beynon** is a qualified teacher with an MA in Education. She has considerable experience of leading creative writing projects in schools and the community. She has just finished running a four-year creative writing project, Caban Sgriblio, for young people in South Powys and the Valleys funded by Children in Need and managed by Peak. <https://emmabeynoncreativewriting.com/>

Before Caban Sgriblio Emma led a creative writing, health and well-being project for Bath Festivals funded by The Paul Hamlyn Foundation, as well as leading projects and workshops for Bath Spa University; National Resources Wales; Hay Festival: Hversdagssafn, Iceland <https://everydaylife.is/workshops-2020/>, and The Skyline Project <https://skyline.wales>.

Emma is currently writing a book about sailing in the Arctic in a Bristol Channel Pilot Cutter, she is also a contributor to *Making Poetry Happen: Transforming the Poetry Classroom*. (Bloomsbury 2015).